

## After a Transfer

1. Stay with your loved one until you are sure that he/she is situated safely and comfortably.
2. Return all equipment to its original location.
  - If a wheelchair or commode was used, move it out of the way of your loved one's bed to keep the room free from clutter and safe for you to walk around.
  - If you used a lumbar support belt or a transfer belt, return it to its original location so that they can be found quickly the next time.
  - Return the cordless phone to its docking station so that it remains charged and in an easily accessible location.
3. Keep a notebook with information that will assist you in the future.
  - Time(s) of day where your loved one is strongest and/or most cooperative.
  - Hands-on lessons you have learned for making future transfers easier emotionally and physically for both you and your loved one.
  - Questions for your physician, physical therapist, and/or occupational therapist regarding transfers.
  - Equipment needs